

You don't do that.

So why do this?



Studies have shown that drivers can experience what's known as the "hangover effect" — a lasting mental distraction that continues up to 27 seconds after a driver has completed such tasks as text messaging, making or receiving phone calls, viewing or posting social media, checking email, and taking photos.*

PUT DOWN YOUR PHONE. LIVES DEPEND ON IT.



Don't drive intoxicated.
Don't drive intoxicated.

A sobering message from AAA

[AAA.com/DontDriveDistracted](https://www.aaa.com/DontDriveDistracted)
Tell us why you **#DontDriveIntoxicated**



*Studies are based on 2015 data collected by the AAA Foundation for Traffic Safety. Copyright © 2020. Automobile Club of Southern California. All Rights Reserved.